

# The Pittsburgh Advance: Creation

1997-04-18

{Geoffrey Sigworth played a sitar for the opening}

- 1997-0418-001 Now, as we were speaking, the strings of this instrument, most symbolic of your being. The strings droned, that stayed the same throughout all that is played. The background, you would call it, the foundation upon which the rest of it is manifest and brought out in what you call relief against the background. The drone strings are as you, the spirit, the true essence of you that is always and forever expressing, being constant and then you will come into creation, into what you want to create and against the fabric that is constant and eternal and forever, you play your melody. You bring forth your creations be it upon this plane in this point of focus known as this lifetime or in other dimensions. You call forth from the constancy of the spirit of you to manifest then your melody of experience. And you do this in every moment most wonderfully.
- 1997-0418-002 As we have said, you do it so wonderfully that you do not even question what you are doing. It is most easy, effortless, miraculous and wonderful. Know you how much you are loved? As much as the peace that you felt with the music and more. Much, much more. For a moment or so all of you lost yourself, small self, in the music and found yourself transported somewhere. You had thoughts of where you had come from, where you are going to go, who you are going to speak to. What yet needs to be done, needs to be attended to and then for a moment or so, you lost that point of focus and melted back into the being of you. Into the peace and the love that is your true nature and constant.
- 1997-0418-003 Do you see how beautifully you are creating this evening? For you are the ones who called forth the beloved brother to share with you the tones that you hear in this physical plane that allow you to blend into true communion of oneness even with the tones, and to touch again that place of peace.
- 1997-0418-004 Now you would say, "Well I didn't know he was going to play. I don't know anything about that instrument, beautiful it is, Strange though. I've never seen one like that. Well certainly Jeshua, I didn't ask him to be here. I didn't even know such a thing could be." And yet, beloved ones, you are the creators of this evening. You are the ones who have said at a level of communion, "I wish to be once again in the presence of the love of the brothers and sisters and to be gifted the tones that I can hear upon this realm, in this realm of physicality. I desire to go beyond what I have known as daily activity and I will do whatever it takes, make great trek to come and to be amongst the brothers and sisters of my heart once again." A great celebration and I thank you. I thank you for coming and I thank you for inviting all of the seeming other individualities to be here

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with you in the celebration. For this is an evening of celebration. It is an evening of the heart, and you beloved ones, are the creators of it.

- 1997-0418-005 Now, know you I have been in this room all day. I have been other places as well. But I have been in this room all day and I will share with you that it is much more fun right now with your presence and your awareness joining with me. Great creative ones.
- 1997-0418-006 Now this evening we will be addressing because you have asked. We will be addressing the second level of the Christos Intensives, Level II. You will remember that when we so met a few months ago in your timing, in this very city we spoke of level I which is the commitment and the joy of discipleship. And we spoke that this is discipleship as you would see it, to the Christ of me. That is a good place to start and it is often where your philosophical organizations start and stop. And I asked of you to be disciples of the Christ of me, but more than that, to be the disciple of the Christ of you. To be in communion with the Christ of you. To be the disciple to use that discipline that says in every moment, as often as I can remember, I will attend to and look for the Christ of me in every situation when I am face to face with someone. I will look deep into their eyes and I will behold the Christ.
- 1997-0418-007 I will look beyond appearances of what is happening in the interchange of relationship and I will ask, "What is Christ doing in this situation?" And I will be aware of the Christ in all of its aspects, all of the manifestations upon this plane.
- 1997-0418-008 And we spoke how it would be beneficial to set aside a centering time in each day at least five minutes upon arising and as a gift to yourself at least five minutes at the time of laying the head upon the pillow to be in communion with the Christ of you. To speak to the Christ in the morning, "Holy Christ, where shall we go today?"
- 1997-0418-009 {Laughter}
- 1997-0418-010 Now I have heard that said.
- 1997-0418-012 {Laughter continues}
- 1997-0418-013 Not always with the same meaning. And in the evening to thank the Christ of you for having been companion in awareness that day. For surely there is no place and no thing that you can do where you are not already accompanied by the Christ you. You cannot be separate from the Christ of you. The Christ of you is what is the creative power bringing forth all experience and all manifestation. But to be in awareness with it. It takes you to another level does it not?
- 1997-0418-014 Makes the shift and the changes that in Truth, beloved ones, if you will receive it, bring you to the place of ascension. You have all asked to know ascension. You have asked in the deepest most part of your heart, to know how to be in the

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world but aware that you are not of the world. To ascend out of limited reality -  
- with a small "r" -- into the true Reality of your being.

- 1997-0418-015 Therefore, these evenings I will share with you the Christ of me and call forth the Christ of you. And most joyous it is. That is why I have called it a celebration in this evening.
- 1997-0418-016 For beloved and holy and only Child of our Heavenly Father, Child of the one Source, Child of Light divine, that is who you are. I am the one known as Yeshua ben Yoseph, or Jeshua ben Joseph or Jesus, Raj Pur, many other names I have been known by. And it is in great joy that I come to abide with you this evening in your timing as you have chosen to call me forth.
- 1997-0418-017 Now I speak those words as greeting to you every time we meet. So many times that most of you could recite those words and you say, "Oh yes. I can run through that. It is recorded and I can say that along with him."
- 1997-0418-018 But it is important to attend to the words and the meaning. It is in great joy that I come to abide with you once again in this manner, and to call forth from you the joy of your being.
- 1997-0418-019 For certainly yes, there are the activities of the world that must be attended to that call for your energy. They are most insistent in their call. But you are more than the world and you know that. I call forth from you to live in the joy of the Christ. To know that true discipleship, to the Christ of your being.
- 1997-0418-020 It was suggested that you read what is inspirational, a small bit everyday, or a large bit. We will not put a limit on it. It was suggested that you look for what is uplifting and surround yourself with beauty as in the physical objects that you call art. The physical objects known as the beautiful flowers, of nature. To surround yourself with the tones of music that is up-lifting. The vibrations of love.
- 1997-0418-021 And then it was suggested to you that you not limit yourself out of fear to not partake of the goings on of the world. In other words, I would say to you it is not necessary to say, "I will shut myself off from the news broadcasts and the programs on the square box that deals with violence. I will not hear of such things." But to bring the Christ presence and perspective into that which you behold, everything that you behold.
- 1997-0418-022 Having once allowed yourself the communion with the Christ. In other words the centering that comes from the upliftment of whatever brings you to that place of peace and upliftment. And for all of you it will be different. It will be something different that allows you to come out of the small space of small self into an expanded awareness of the Christ. Having once touched that place of the Christ, that place of centeredness, then to take that into whatever you are creating and

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you are, even the violence that you read about, and to allow the Christ perspective to look upon it. Not to run from it. Not to deny it. Not to say, "I do not want that in my world, therefore I will not say that it can be." For beloved ones, it is in your world.

- 1997-0418-023 But to allow the Christ presence to look upon it and to transform it. To bless everyone who is in the drama, the conflict that you behold and to know that that is their very ticket to the awakening. Not to judge and to say, "Oh poor souls." But to say, "How blessed they are for they have chosen, perhaps a very accelerated way, of awakening." To bring the Christ presence and the Christ perspective to everything that you behold and to call it good.
- 1997-0418-024 For everything that you create beloved ones, if you will receive it, it is good. Everything serves the purpose of the atonement. The realization of at-one-ment. Everything serves the purpose of the holy Child in awakening.
- 1997-0418-025 So we spoke the last time that we so met in this geographical location about the commitment to discipleship to the Christ of your being. Which in truth is not separate from the Christ of my being. That is the blessing in it. For once you test and touch that place you recognize the oneness that is as the drone string, constant and forever and beyond foreverness. For foreverness is a concept that comes out of the idea of time, does it not? And eternity in its true essence is beyond time. Although within this dimension it is the only way to speak of it.
- 1997-0418-026 Your being is eternal and beyond this understanding of time. What you create is beyond and more than this dimension. And the miracle is you bring such a focus of attention to this plane and this reality in each moment that it becomes a reality of its own and allows you the experience as you would dictate it to be. It is a miracle that you do. That you say, "I am such and such a person. I have personality traits." You can describe yourself. "I have a body that looks such and such. I have certain relationships. I have a place of employment. I have places that I go. I have interests." You can make a whole list of who you are.
- 1997-0418-027 And yet there is a still small voice that speaks within you, "I am this and more." For indeed you are and it is the "moreness" that allows this part to be experienced.
- 1997-0418-028 Creation, it is wonderful. You as the Child of the One Creator, are creative. It is your nature to create, to experience and so you have said, "What can I create?" You have done that even within the specific focus of this lifetime. You have sat with an idea and you have said, "What can I create? How can I bring that forth?" Most creative you are.
- 1997-0418-029 And you have gotten together with other ones of brothers and sisters and you have said, "Two heads, three heads, five heads are better than one. Let us see what we can create." You are in the process of creating something most

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wonderful as a collective mind upon this plane. A mind that goes beyond just the individuality.

- 1997-0418-030 You have heard of networking. You do this all the time. Know you, you are the mind of that network? You participate in it and even more than that, you create even the network that you feel yourself to be only a part of. And you are bringing forth the most wonderful realization that you will experience and know, truly know, even while activating the body.
- 1997-0418-031 You have touched upon it in your moments of meditation where you felt yourself joined with someone else who perhaps was in the same room or who perhaps was miles and miles away.
- 1997-0418-032 You have touched upon the Reality, now your true Reality with a capital "R", in moments of inspiration, moments of revelation that came from, you weren't quite sure where, but all of a sudden you knew.
- 1997-0418-033 This is happening more and more for you as you are allowing it, inviting it and trusting it. And I will share with you, that it is going to grow in what you see as the next two and a half years of your timing. It will be most rapid. For you are willing now to play with the idea and to research it and to then look for the verification to call someone on your mechanical means known as your telephone and to say, "I was just thinking about you and about such and such," and the other one will say, "I just had that idea. I just had that dream this last evening. You were in my dream. Hmm."
- 1997-0418-034 You are the one who brings forth the technological invention so that you can verify what you already know. You are most wonderful. You create moment by moment.
- 1997-0418-035 Know you that the form that you activate, you are creating moment by moment. In Truth, it is not the same this moment as it was a moment or so ago. But there is a constancy about it even, in a certain process that you have defined as gradual, the gradual change that gives to it the appearance of a constancy.
- 1997-0418-036 In other words, in one moment you do not see yourself as being most slim and the next moment you see yourself as ballooning. You will do that, yes, I have seen you do that but it has been more of a process that happens and you look in your looking glass and say, "Oh my goodness." And back to the diet.
- 1997-0418-037 You create moment by moment the body that you activate. You create moment by moment the experiences, the relationship, the ideas, the revelations that seemingly come to you from somewhere out there and yet you are out there.
- 1997-0418-038 Know you where the mind is that activates the body? You do know. It is not inside there. It is outside, all around. The brain yes, that you have created as a physical mechanism, that is within the certain bony structure, but the mind, the mind is

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not contained within the bony structure. Truly it is all around what you are activating and beyond.

- 1997-0418-039 Now, I will play with you. You have in your scriptures a certain story of creation. A most wonderful story of creation. "In the beginning." Upon this plane that has relevancy, "In the beginning." For that is tied into the concept of time, is it not? That there must be a beginning and before that, who knows what? But it is tied into the concept of time. It also implies that there will be an ending and upon this plane with this reality, yes there will be an ending. And many of you are standing upon the threshold of what you will call and identify as the ending. A move, a shift into another room in my Father's mansion.
- 1997-0418-040 And by that I do not mean the releasement of body which equates death. I do not mean that. For in truth there is no death. Releasement of body, yes, but not death.
- 1997-0418-041 In the beginning, applies to this point of focus, this reality. But not all of your reality. Many of your realities do not deal with time at all. You are experiencing and expressing now in dimensions that have no limitation as to time and process.
- 1997-0418-042 Now you have built into this belief system the allowance that there could be such, a dimension or several of them, that are beyond time. You have the concept of heaven. A concept of where you go after you release the body. And you have said, "Well there is no space, no time there." And that is true for many. But not true for all. Because there are some who release the body and go into another experience that has time and space because it is a collective belief that they desire to play with.
- 1997-0418-043 You have the concept that you release the body and you will know a sense of peace that is timeless, and yet within the concept of time, after a time. In that dimension of timelessness, you will choose to do something else.
- 1997-0418-044 And yet parallel to this point of focus, this reality, are many realities that do not know anything of the limitations of process and time. They would not even understand what you would mean by instant. In those dimensions, you say, "I am." Not that I have been or will be. I am. And you experience, yes. And you know experience beyond what you are creating here and what you are creating here is contemplated in the dreams of your Self in what you see from this perspective to be other dimensions. Your Self in other dimensions contemplating this reality. How wonderful you are.
- 1997-0418-045 Your Self in other dimensions, as you understand dimensions to be, looks upon what you are doing here and says, "How wonderful. There is desire to grow, to come up higher, to understand, to burst the bonds of limited concepts, limited self-image." And your Self is most accelerated and exhilarated to see what you are choosing to do.



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- 1997-0418-046 Now it boggles the mind within this reality, and yet you have built into this reality a certain safeguard that keeps you from being totally limited to this reality, because you have built in the possibility that there could be other dimensions. And you are bringing that more and more now into this reality because you are playing with the idea that there would be space brothers and sisters. That there are the dimensions of the angelic realm who are coming and intermingling, helping, assisting, communicating. You are allowing now, an opening in your understanding where there is an immersion and a blending of what you have thought perhaps possible. And you are inviting more and more of it because you want to know who is this unlimited Self that I am?
- 1997-0418-047 You have had loved ones release the body and you have wanted to communicate with them and you have said, "I hope it is possible? I know it is possible. I think it is possible. I will try." And you have felt verification. More and more you will be knowing an interchange with your Self that is beyond just this reality.
- 1997-0418-048 Now who is creating that? Yes, you are. It is not something that is being thrust upon you because it is time now for lesson number 12 or whatever in the curriculum. You are creating it because you want to know the holy Self of you. And the holy Self of you is whole, complete, more than just a part and more than just the sum of parts as you would identify parts. The holy Self of you is wonderful and most creative.
- 1997-0418-049 In the beginning upon this plane, God created and yes, She did.
- 1997-0418-050 {Laughter}
- 1997-0418-051 And yes, He did. For you know gender upon this plane. We have spoken other times of the belief in duality that is so built into this reality. And again you build that into your genders. You have two genders, male and female and the joining of which can be most pleasurable. And sometimes conflictive. Sometimes the twain do not meet. I have heard that. And sometimes they do.
- 1997-0418-052 You are the God who has created this reality. For in the beginning signifies the beginning of the adventure where you said, "I want to know what can I do, where can I go, what can I experience, what can I create?" In the beginning you created the heaven and the earth. Duality again? Yes. And not in judgment. For oftentimes when we speak of duality, good and evil, here and there, gender of masculine and feminine, there is seen to be separation and there is seen to be even subtle judgment. That if we are one, and I assure you that we are, and if we have experience as dual, then surely there must be something wrong with me for having brought forth duality. There is nothing wrong with you. You are using your creative power to bring forth experience within a certain recipe, we will call it, certain ingredients of a belief system.

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- 1997-0418-053 Now it is slightly beyond your ken to understand that there are other realities where you play with not only duality, but you play with triality, quadality? All of those. Most complex. So when you get to the place of where the ego is speaking in the judgment and says how bad you are for creating separation and duality, you may take some literal pleasure in knowing that this is not the most complex complexity that you have brought forth.
- 1997-0418-054 You may say, "Okay ego, that may be true but you know, I get a few points for having simplified it a bit." And you have. For you have known, and again we speak within the concepts of time, you have known dimensions more complex than what you deal with here. And this reality is in your belief system, moving towards the place of the acknowledgement and realization of oneness. You are getting that much closer to it.
- 1997-0418-055 That again has been a belief system that there would be a progression. And a good one. And yet when we speak of good we imply that there could be something less than good. Do you see how the concepts infiltrate the thinking?
- 1997-0418-056 All of what you create is for but one purpose: it is to bring you to that place of atonement, that place of at-one-ment, that place of full realization of the Christ who brings forth all that is created and to call it good. To realize, not just to hope that it is good, but to realize that it has to be good because it is fulfilling a divine purpose. That is why you create whatever you create. It is to come to know the love of our Father even upon this plane. And to feel that releasement of judgment that is most freeing and expansive.
- 1997-0418-057 For you know the feeling of looking upon another one and loving that one so much that you lose small self in that moment and the one that you look upon is so beautiful that you know communion with that one. Great expansive love, of the Father.
- 1997-0418-058 If you have touched that place, and all of you have, then I assure you, you are not very far from knowing the at-one-ment for that in Truth, is the at-one-ment. And as you live from that space you look upon everything that you have created and that you do create and you call it good. Yes, it was the Christ at work and at play.
- 1997-0418-059 I would ask of you in this moment to turn to a neighbor. Choose one who is sitting next to you and look into their eyes.
- 1997-0418-060 {Group breaks into dyads.}
- 1997-0418-061 Look very deeply into their eyes. See the beauty that is there as the physical appearance, yes. But look very deeply past the appearance to the soul of that one. Go beyond what feels like ego that would say, "Oh my goodness. If someone sees my soul, what is hidden there." I will tell you what is hidden there. The most



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beautiful splendor of the creative Child. Most peaceful, unconditional love. I accept you for who you are because I know who you are. You are more than the body that sits there looking out through those eyes. You are more than just the personality. You are more than your worries and your troubles and your challenges. You are the creative one who brings all of that forth in order to celebrate the creativity of the Christ and I love that which you are.

1997-0418-062 {Pause}

1997-0418-063 I love you. Feel you the Christ most active. When you have the courage to look beyond ego, to look into the eyes of another one deeply and to say to that one heart to heart, "I know who you are and I love that which you are." All of the small self falls away. All of the limitations that you have lived with so many, many lifetimes are put aside in that moment and it is the grandest gift that you can give to yourself and to another one. To pause just for a moment and to look deeply into their eyes and greet the Christ who looks out through those eyes.

1997-0418-064 As you go throughout your days do not be in such a hurry that you do not take time to acknowledge the Christ who stands before you. Look deep into the eyes of everyone. Do not walk about with the head cast down or with the mind miles ahead as to what needs to be done. But allow yourself the communion of the Christ.

1997-0418-065 For I will share with you that there is a shortness of time even as you understand time, because you are bringing for yourselves, a certain closure of experience as you have known this reality to be.

1997-0418-066 {end of tape}

1997-0418-067 ...every moment. Not out of fear, for indeed if you live in fear those moments will fear very, very long. But to make the most of each moment and to rejoice in each moment. For in truth, that moment is the gift of the holy Child to herself. In that moment it is the gift of the holy Child to himself. And what stands before you is the gift to you that you have created. Do not undervalue it. Do not be unaware of who and what stands before you.

1997-0418-068 Find the Christ in every moment and celebrate the Christ in every moment. Know that your creation is the Christ at work and at play and in expression. For what you are desiring to know in the depth of your heart is to know the awakening, the full realization that I and the Father are one, that you are. And you do that by beholding the Christ in every creation that you bring forth.

1997-0418-069 For know you that your Father looks upon everything that you bring forth and judges it to be good? Does not judge it in your sense of judgment, but knows it to serve the holy Child in its play. For your Father beholds and loves, allows. He does

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not even know allowance, because allowance would imply that there would be non-allowance. He does not even know allowance.

- 1997-0418-070 Your Father, your Mother, It, for again we speak from the place of gender which is of this reality. Your creator with whom you are one knows that which you are and loves you.
- 1997-0418-071 And if I may speak in terms of the world that you know so well, He is most proud of what you are doing. Now that is a concept of your world because again, it would imply that He could be not proud and that has no basis in Truth.
- 1997-0418-072 This reality is but one of the many, many realities that you are creating. For as we have spoken many times, there is but a small, small percentage of you that is attending this specific reality. The grandness of you is most busy playing, expressing in other places, other dimensions bringing forth realities that are beyond the ken of this reality. So that we may not even speak of those because it has no, no place of relatedness. Your computer yet, in this belief system, has no software to handle it.
- 1997-0418-073 {Laughter}
- 1997-0418-074 You see much of creativity coming forth in your technological inventions. You see advancements everyday in the technology that you bring forth to serve you in communication. I have heard Beloved Elder speak of how by the time you purchase one of your servants known as the computer, it is already obsolete, at least obsolescent yes. And then he will be looking at the catalogues to see what is new and what else can be added to upgrade it, I believe the word is.
- 1997-0418-075 Do you see the acceleration that you are bringing forth for yourself even in the realm of the technological inventions that have to do with communication? That has to do with the networking of the one Mind. Do you see how close you are to acknowledging the one Mind? For you now say, "Well, I have a thought, I will type it out on a certain keyboard of the computer and I will perhaps if I know how to program this right, I will send it on the E-mail and someone will receive it almost instantaneously." Now they may not be able to access it right away. I have heard that as well, that there is a certain time lag for being able to get on-line, right? I have heard Beloved Elder say, "I cannot get my mail. I cannot get on line." Whatever.
- 1997-0418-076 You are bringing forth the most wonderful advancements in what still seems to be slightly out there separate from you in order to bring about the awareness that what you are thinking in this one Mind that is not contained within the bony structure, is instantaneously registering with the one who you have in your mind.
- 1997-0418-077 You will come, very soon, to know, you have tested this, that you may sit and think of one and send a message to that one most specific message. I do not mean

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just here I am thinking of one and I am holding them in love. That is very good, but you will even go beyond that, you will send them a specific message that will say, "Please bring home a quart of whatever." And they will come home from your wonderful grocery stores where you create a myriad of objects and food. They will come home with the one thing that you have asked for and they will say, "I don't know why but something told me to bring home this quart of tomato juice," or whatever.

- 1997-0418-078 Already you are playing with that. It is a bit as the small ones play with how this world works. Sometimes it seems to work better than others. But as you practice what happens? It gets easier. It gets better, more specific.
- 1997-0418-079 You are bringing forth much of evidence that shows that your creations are but from one Mind. You have seen how there will be an invention that will come about and it will be an idea. Well you have the word, the saying, the phrase, "An idea whose time has come." And there will be several of the brothers and sisters in different geographical locations who at the same time come up with the same idea to do something, to invent something.
- 1997-0418-080 You say, "How wonderful. What a coincidence." It is a co-incidence but it comes from the one Mind which is you. You are creating the most wonderful progression, as you understand time to be, that brings you to the place of the acknowledgment of who you have always been.
- 1997-0418-081 You bring forth the most wonderful book and story that allow you to travel. An idea. To other times, other places to play with ideas that are beyond what you believe this reality to be. And yet those ideas are most real even in this dimension because you are playing with them.
- 1997-0418-082 You love to get in and to be creative and to say, "How can I solve this challenge? How can I bring forth "a" that will fit into something known as 'h' or 'i' or 'j' or whatever? How can I fit that together and what are the pieces in between? b, c, d, e, f? Or perhaps I can skip some of those and arc something that will go from a to g, right over." And you play with the creativity which is as it should be, because the holy Child does play. It is holy Child's play. We have spoken of that.
- 1997-0418-083 All that you do in truth, is holy Child's play. The ego will judge, will play the game of duality and say, "Well that was good. But it could have been better." Have you ever heard that? "Well that was terrible. Why didn't you do better? You know better than that." That is the voice of ego that you have asked to be within this reality as companion. And the ego serves a divine purpose.
- 1997-0418-084 It is not an entity nor an energy outside of yourself. It is not something that is put here to trip you up. It is but a messenger whom you have asked to be part of this experience of this reality and to show you where you are standing in that moment as to self image or image of another. That is its soul purpose; is to give

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you information. It is a messenger that comes and presents before you a silver plate and says, "In this moment this is what you were thinking. You were thinking that perhaps you could be less than perfect. Or you are thinking in this moment that he/she could be less than perfect." That is the purpose of the ego. Divine purpose because it serve the holy Child.

- 1997-0418-085 So you do not have to kill the ego. You do not have to deny ego. You do not even have to chastise it or say, "How stupid I was to build that into my ingredients of the script." It is there for divine purpose. It is one of your creations and you may call it good for it gives you a message. Then what you do with the message is your free choice. For you may stay in that place of judgment until you feel you have suffered enough, done your penance, erased some of the karma or you may say, "Oh, message received. I understand. I was standing in a place of unholiness in that moment. In other words, I did not recognize the holiness of my creation. Okay. Now I see anew." And you shift the perception. It is as easy as that.
- 1997-0418-086 I watch you and I see how you get into judgment of self and I see how long it takes you or how little it takes you of time to get out of that place. It used to be you would spend a lifetime in that place and you would project it outward to others. Nothing in that lifetime was good. Nobody was good. Everything was to be suffered through and you put all of your ill feelings upon others and they did not want to be around you. But they were suffering as much. They did not want to be around themselves either.
- 1997-0418-087 You decided after the releasement of the body in that lifetime, "Maybe I'll try something new." And throughout a process of new scripts, you have come to this point of reality where there are vestiges, yes, traces of knowing self-judgment. Times when you have spent even years carrying a burden of guilt, of self-judgment. But you are now coming to the place where you are releasing it faster and faster and saying, "I do not have to carry that burden any longer. I have suffered enough, dog gone it." I've heard you say that. "Jesus, haven't I suffered enough?"
- 1997-0418-088 {Loud laughter}
- 1997-0418-089 Well yes, you have. There was never any need for it in the first place. And when you have said that there has been a certain completion. You said, "Okay, enough is enough. I go forward from this place free of that baggage. I don't need it any longer. I am my Father's beautiful Child and I will arise up and return home and eat from His table. Not just the crumbs that perhaps are tossed away, but I will eat from the table of the King. I will arise up and return home."
- 1997-0418-090 And so I see that you spend less and less time now holding yourself in the place of self-judgment and more and more time in the place of feeling joy, in the place of appreciating your creations and other's creations and calling them good.

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- 1997-0418-091 As long as you hold yourself in a place of judgment about any creations, you will not know ascension. Not as punishment, but just because if you are holding yourself in a place of judgment it is a place of constriction that does not know expansion of love and peace.
- 1997-0418-092 And there is no referee in any of this that says that you must do it by a certain date or a certain lifetime or you will have missed out. You may thank yourself for that. For if that had been true, I assure you would have missed it.
- 1997-0418-093 {Laughter}
- 1997-0418-094 I jest with you.
- 1997-0418-095 There is no referee, but there is the choice and having seen the choice it is easy to choose is it not? I choose to live in love. I choose to behold the Christ. I choose to love my creations. And this brings forth a shift that will transform the world in which you experience and express.
- 1997-0418-096 Now you do not try to work a magic in order to transform the world. You have tried to do that with effort of will. You have said, "Well if I'm good enough, read all of the best books and I spend 23 hours a day in meditation, or 23 and a half hours perhaps, taking a little bit of time out to eat, then perhaps my world will change. And all of those I have relationship with they will love me because they will see how wonderful holy spiritual I am. How good I am."
- 1997-0418-097 You cannot work the magic that way. But as you allow yourself to abide in the place of appreciation for the creations, in a place of love, in the place of the innocence of the child, all of your world changes around you magically you may ..?.. It is because you behold it with new eyes. You begin to see everything a little more mellow, a little more love. And yes, the voice of ego will still be there, but you know how to answer it and you thank it and you release it. And you allow it to go back and sit in the corner until the next time it is needed.
- 1997-0418-098 And sooner or later, the corner that it is sitting in, the wings perhaps of the stage, after awhile it is no longer in the wings. It's out on the unemployment line.
- 1997-0418-099 {Laughter}
- 1997-0418-100 No longer has a place on your stage. Most wonderful the creations that you bring about. Most wonderful how you orchestrate relationships to bring you to a certain place of holiness. You are greatly loved.
- 1997-0418-101 For those who have felt great judgment, those who have felt pain of judgment and torment, those who have been in the place of judgment and then have known love, how blessed they are. More blessed than others who have perhaps taken the middle road. For as my brother Paul has spoken, "Would that you were hot or cold, for indeed the energy then can be worked with." You have known both the energy of heat and of cold. You know much of energy. Blessed art thou. Because

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that can be worked with. That is dynamic. That does not just sit in a place, because you are working up the energy to make the change to the place of holiness. Blessed art thou when you get to that place where you had enough already and you desire to make change.

- 1997-0418-102 For as long as live a lifetime that says, "I will deny feelings. I will deny that there could be anything wrong." Then there will not be change. But when you come to that place of saying, "I have suffered enough already. I have paid my price." For indeed there was never the need for the price in the first place. But when you get to that place there is a great shift that happens and there is more of energy that comes to help in that shift than you can imagine because it is all part of that one Mind that we spoke of earlier.
- 1997-0418-103 You are not alone in what you do. The great Self of you is ready and waiting and willing to assist in the shift that allows you to see with the Christ perspective. You know this for a fact. You have felt a great shift. It has been termed grace and it is, but it is not something that comes from outside of you and is poured upon you when finally you have done all of the penance. It is a grace that comes from within because you have been willing to accept the Christ of yourself and then everything shifts and the whole world is transformed.
- 1997-0418-104 Yes, you are still in the world, but the world has changed. Yes, you will still see some of the duality but you will see it with a new understanding. You do not have to wait until the releasement of the body in order to know the Christ presence. You have agreed that you will be in the world, but not of it. That you will be in the world to serve, to know the Christ presence, to bring that Christ presence and understanding into this dimension. That is what you have agreed to do and in the bringing of that Christ presence and the beholding of the Christ in all the creations, you will transform your world to the place where it will be seen and known to be beautiful and good. In that moment you will behold heaven while still activating the body.
- 1997-0418-105 Now speaking of bodies, it would be a good time to take a break. To get up and walk about. To replenish some of the moisture in the body and in to release some, yes, to do the flow. So be it.
- 1997-0418-106 {Break}
- 1997-0418-107 What a wonderful creation you are creating in this evening, is it not? I have heard and I have felt your joy in sharing the heart with the brothers and sisters during what is called the break, although I'm not quite sure what breaks. In truth it is a coming together and a communion that happens for you allow the energy to be most dynamic, to speak with other ones, looking into the eyes of the Christ. Any of you remember to do that in the last few moments? When you shared the joy of the heart in meeting once again and embracing the brothers



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and sisters whom you have not seen for awhile in this way. A wonderful creation of a celebration is it not?

- 1997-0418-108 And I will share with you that there will be more and more of these gatherings where you will feel the joy of the heart. Where you will come together not because it is so important to listen to my words, but because you want to share with each other the joy of being. Not because you have to teach each other. Not because you have to save each other. Not because it has to be learned gatherings, but just because you want to be together in the joy of the Christ. You will think up reasons as you have thought up this evening, for indeed the reasons come together and to hear about creations, there is nothing that I can tell you about creation that you do not already know. But it was a good reason to invite you to come and to listen to words that will be as catalyst for remembrance of what you already know.
- 1997-0418-109 That is what happens when you are in interrelationship with one and they say a certain word or they are imparting an idea to you, you may or you may not, most of the time you do not hear what they are saying to you from their idea but you perceive it at the place where you are that is as a catalyst for your own remembrance. And sometimes you will go back to a person and you will say, "Years ago you said to me, you remember when you said to me and it changed my life." And you will say, "Well no, I don't remember saying that. Are you sure? Did we have that conversation? I know that we talked about something ..?.." And it was life changing, it was a shift that happened in that moment because they heard what they were ready and inviting to hear in that moment.
- 1997-0418-110 Never hesitate to speak to another one the words of your heart. You do not have to worry about what to say or how it must be couched in a certain language. For I will share with you that in Truth, I am not speaking what you hear as English language. I am speaking tones of vibrations that you hear with the physical receptors of the ear and then interpret into your own meaning.
- 1997-0418-111 So never hold back from sharing the message of your heart with another one for fear of, "Well what will they think of me? Oh, I must find the right words. Let me go and read my scriptures first and then I will know the right words." I will share with you that many, many times the words of the scriptures get in the way.
- 1997-0418-112 Speak from your heart. Do not worry about what to say. When I first asked my beloved friend and teacher, the one known as Judith to go and share from her heart with the rest of the brothers and sisters, she asked of me in her resistance, "But what will I say?" And I told her to share from her heart. She said, "I do not know what that means." Now she does as you do.

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- 1997-0418-113    Never hold back from sharing the words of the heart with another one. And if you go all around Robbin Hood's barn trying to express what you want to share with another one, that is okay. For that has been another judgment that my beloved friend and teacher, the one known as Judith has had upon herself that perhaps she would not find the right words or the most holy words to impart ideas. What comes across loud and clear is the love of the heart. What comes across is the caring. And the ones who are inviting the message will hear what they are ready and needing to hear. What they deem to be necessary to hear.
- 1997-0418-114    And it will not matter in truth, whether you are speaking certain tones of a language known as English, Greek, French, Italian, even the ancient Aramaic. They will hear the message of the heart.
- 1997-0418-115    For in truth, we will come to an evening in time, when there will be no words that need be spoken. We will sit in communion in the peace, in the love of the heart and all will be known, all will be felt and all will feel the fulfillment of the Christ.
- 1997-0418-116    As yet, in your understanding and accepting of the belief in process, as yet there is a desire for the words. But in truth, it is not the words that are important. All of you receive my message in the heart. All of you receive my message in your own way, and what you feel most strongly is my love for you. And what you take from this room is my love and the love of the brothers and sisters who have come to be in celebration with you.
- 1997-0418-117    But of course, you have the reason to speak of the creation as in this evening. And you will go and you will contemplate some of the ideas that in truth, you have called forth. Some of the ideas that you have said, "I want to have right now in front of me upon the table so that I can play with them." But what you will remember most from this evening is the love. My love and the love of the brothers and sisters and your love as you felt it pouring forth through you upon another one.
- 1997-0418-118    That in truth, is the Christ presence. That is what transforms the world. That is what allows you to look upon all creations and to love all creations. And to know that whatever you see within this reality is here for the purpose, the divine purpose of realization of the atonement. And you will know that this is not the only reality where you play.
- 1997-0418-119    Now, I believe that it has been advertised that there would be time for questions. Therefore, if there is one who wants a question put forward, I would welcome that. As you can see from the numbers so gathered, it will not be an evening of speaking individually one on one as we have done in some other evenings. And yet you know that I touch you in the heart whether or not we speak one on one as has been the habit in some of the other evenings.

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- 1997-0418-120    Therefore, who would ask a question? Yes.
- 1997-0418-121    **All this predictions of the changes on the planet at the time of the millennium, is that what you are talking about?**
- 1997-0418-122    That is how it is heard by some. In truth, that is not all that I was addressing. The time upon this plane as you are bringing it forth as experience, grows short. Because you are transforming what you know as this reality. Now there are some of the brothers and sisters, there is a great collective consciousness that will call forth earth changes. But in truth, this is nothing new. As we speak of earth changes, as we speak of the great shaking of the earth known as the quake, as we speak of the volcanic energy that erupts, as we speak of the changing in the climates and the very cold temperatures upon the face of our Holy Mother, the Earth or the very arm temperatures that will melt much of the water upon the face of the earth, as we speak of those occurrence, there is a remembrance deep within you that relates to it, that says, "Oh yes, that would be like such and such. I know that feeling."
- 1997-0418-123    How do you know that feeling? You have already lived, expressed, experienced in that manner. You have already been in midst of the zipper that opened on the earth's crust and felt yourself falling to the center of the earth. And you released your hold, your very specific hold on the body. You have been in the path of the volcanic energy, the very hot lava that immediately evaporated the form of the body.
- 1997-0418-124    You have that knowing, that relatedness. You have translated that over into some of your what is called science fiction but it is not fiction and it is not science exactly either.
- 1997-0418-125    {Laughter}
- 1997-0418-126    Where you have the transformer type of thing that will "beam me up, Scotty." And immediately the body is evaporated, changed and then reassembled. Well you do that in every moment anyway, you reassemble the body.
- 1997-0418-127    So there will be some of the brothers and sisters, there is a sizable collection of consciousness that yes, will experience earth changes of great magnitude. Already it is happening. Different points upon the face of our Holy Mother, the Earth are experiencing volcanic eruptions and the earthquakes and the sea rising and so forth. This is happening. But that is not all that I was addressing in that.
- 1997-0418-128    Underlying all of that, however the motivation is seen to be, and the earth changes, the fear of earth changes can be a great motivating force. Underlying all of that is the desire of the holy Child to end the very slow process of time that is as a heavy burden. Already you are in process of acceleration where you are seeing occurrences happening more rapidly. Where you are seeing changes

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happening more rapidly. Where you are seeing in your terminology, the earth is shrinking in your transportation and your communication. Already you are feeling an acceleration of the vibration of the body. It is changing and you have said, "This body doesn't feel the same. I don't know what's happening, but it's undergoing some change." And it is because you are connecting with the energy of the creator that you are and you are changing it.

- 1997-0418-129 You are accelerating the rate of vibration of the light that activates all of the cells of the body and you are restructuring even the very DNA code that allows the transmission of light that activates the body.
- 1997-0418-130 So when I spoke of the shortness of time, there will be many motivating factors, but the underlying thing, motivation is the very deep sincere desire of the heart of the holy Child to be done with the confines of time.
- 1997-0418-131 Therefore, I have spoken to you to enjoy every moment for indeed that is what you will do when you are no longer confined to time. You will live in the enjoyment of every moment for you will know that you are not confined by any of your creations. Time being one of your creations.
- 1997-0418-132 So you do not need to hear that sentence and receive it in a way that the ego would say, "Oh, oh, I wonder if he means...? I'd better get on with making my preparations. For those living upon the coast somewhere they had better move inland. I think I will go up into the mountains somewhere because I have heard that the water is going to rise. Perhaps I'd better find a very safe warm cave in the mountains somewhere because I have heard that there is going to be some elements of nature that are going to be most stormy, disastrous. I'd better lay up the food provisions. I'd better go back to primitive understanding and knowledge of how to make power. I'd better get back to practicing with those sticks. See if I can get my fire going with the stick."
- 1997-0418-133 I have seen all of you and the brothers and sisters contemplating how to go back to primitive ways of what I have known in linear history. What has worked for the ancestors. What I can put aside that will see me through perhaps the perilous times ahead.
- 1997-0418-134 Where does that message come from? That message comes from the ego. It comes from the sense of separation that does not yet, at that moment, connect with the Allness of the creative holy Child who is creating even that sense of peril so that he/she can shake within it.
- 1997-0418-135 You will always be who you have always been. You are not the body and you do not have to worry about preserving the body. If it be your intent to still activate the body even amidst a drama that you may call forth, you will keep on activating the body even though ten thousand all around you are consumed by the changes, the earth changes.

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- 1997-0418-136 If it be your intent, and I am not speaking here of the intent of the small self or even of the small limited consciousness of individuality. If it be the intent, we will call it the Higher Self. If it be the intent to be of service to the brothers and sister, you will serve. However, with the body or without the body.
- 1997-0418-137 Know you that in times of great disaster, as it is called, there is much help from what you call in this reality as the unseen realm. Much angelic help. A sense of peace that will come amidst all of the tumult. And there will be ones who have suffered in their perception the most disastrous losses and events and yet will feel a certain deep abiding peace and will wonder, "How can that be?" And it is because you are never alone.
- 1997-0418-138 So you may choose to be of service to brothers and sisters without the activation of the body. In other words, the body, that is not your life. The body serves you. It is your servant as long as you need it to be, as long as you intend it to be. But the releasement of the body is not a failure.
- 1997-0418-139 In other words, if you lay down the body it doesn't mean that you have failed somehow and you have to recycle and come back and try it again. The body is your servant. It is to be enjoyed. It is to be honored, celebrated. It is to be communicated with.
- 1997-0418-140 {Loud noise outside}
- 1997-0418-141 Even amidst the tumult. Yes, and the continuing exactly. As we spoke earlier this evening, the part of the vibration of music known as the drone strings that is who you are. That is the constant. You play certain melodies using the body, certain expressions, experiences and then you change the melody. But always there is the background of the drone, of the constant. Does that answer your question beloved one? A long answer.
- 1997-0418-142 **Yes and no.**
- 1997-0418-143 Yes and no. Well what is the no part then?
- 1997-0418-144 **Is the planet going to be destroyed? Are we going to go through tremendous changes in our society so that we are forced to go back to primitive means in order to survive?**
- 1997-0418-145 There are some of the brothers and sisters who yes, will have that as their reality. There are some of the brothers and sisters who will know a reality where the planet is destroyed. But that will only be one of the variations upon a reality.
- 1997-0418-146 For many there will be a change where you will see that the planet has changed because you will have changed. There is a certain concept of harvesting. Now it does not mean that you are going to have the space brothers or that you are going to have great masters or angelic beings who are going to come down and

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say, "You are worthy of harvesting. You come with me on my spaceship or you come with me to heaven. You, I don't know. You need to do more."

- 1997-0418-147 {Loud laughter}
- 1997-0418-148 It is not that kind of harvesting at all. It is the harvesting that you do of yourself in your choice as to what the next experience will be. And so yes, there will be a certain harvesting that will happen because you are desirous of what you see now in this reality as higher level experience.
- 1997-0418-149 Now in truth, it is not higher level as would be seen in judgment. But it will be a different experience. So there will be a harvesting yes, that you will do as you will feel a certain graduation perhaps. And there will be some in the time of harvesting which is by the way, ongoing. It is not something that has a set time for it and it is going to happen.
- 1997-0418-150 Right now as we speak there is a harvesting that is happening. There are ones in this room who have harvested themselves in this evening and have come up higher. So it is an ongoing process. But others in this harvesting will see themselves, because of judgment, not a Father's judgment but of their own, to be the chaff instead of the wheat and they will say, "Okay, I must have experience of a certain nature," that you would look upon and say not most joyous, and so they will have a reality where the earth is destroyed, where there are changes that are most disastrous, et cetera.
- 1997-0418-151 In other words, the realities -- with a small "r" -- that you bring forth are even too numerous to count. And the variations on the realities are too numerous to count. Yes.
- 1997-0418-152 **In the changes that you speak of will there be a migration away from large cities into small communities..?..?**
- 1997-0418-153 Yes, that will happen with many of the brothers and sisters. Yes, for there is a calling within the heart to be with others of like mind and to live in harmony and so you see even in this evening a coming together of ones who are of like mind and of like heart who want to be together for certain reasons. There is always the ostensible reason. But yet the underlying reason is that you want to be together because it feels good. It expresses love. It is a time of joy. A time of celebration.
- 1997-0418-154 So yes, you will see an exodus from the large cities because ones will want to come together with others who are prioritizing differently, setting value upon being in oneness with our Holy Mother, the Earth. Being in communication and communion with what is called nature and then being of service to the other brothers and sisters who are also seeking to know that.
- 1997-0418-155 Now, conversely you will see ones who are completed with the feeling of living in rural areas who will be making exodus out of the rural into the city because



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there is yet that "tad bit", a wish to experience. And in truth, none of it is judged to be of higher value than another. It all serves the atonement and the remembrance of the holy Child.

- 1997-0418-156 So in other words, those of the brothers and sisters who take themselves off to holy community and live in peace and harmony with the land and with each other are no more spiritually valuable than the ones who say, "I will go and live amidst all of the towering buildings and the filth of the city," et cetera, et cetera.
- 1997-0418-157 Each one is following their own path of what brings them to the remembrance that they are holy Christs even in the midst of all of the violence, all of the towering buildings, and all of the so-called filth of the cities. It happens anywhere. It happened to my brother Saul, otherwise known as Paul on the Road to Damascus. It happens anywhere. It happens in an airplane, anywhere, anytime.
- 1997-0418-158 Now, did that answer your question?
- 1997-0418-159 **No. You know there are these predictions about .... holocaust. Some of those things you talked about indicate that it happens, but it also could mean, well you know it's going to continue be crisis and storms. There will continue to be floods in the Midwest and these little bitty things that we can handle as opposed to like the holocaust which would be really hard to handle. That's what I'm asking. How devastating is it going to be?**
- 1997-0418-160 I see. Whatever the holy Child creates, the holy Child can handle. Even what would seem to be most devastating will be handled. Even in an instant if there is the nuclear holocaust that destroys the whole planet and your physical body goes poof in that instant.
- 1997-0418-161 **Well that would actually be easy. ....**
- 1997-0418-162 You will still know the consciousness of the I Am. In other words, I Am. Not even I have been will always be. That is still within the concept of time. I Am that which I Am. And that knowing will be you.
- 1997-0418-163 Now, there is a fear and that is truly what it is, that I will be called upon to do more than what I know how to do. I will suffer the pain of the body. I will see others suffering the pain of the body. I will not know how to alleviate it. I will not know where to go. In truth, you always know where to go and what to do.
- 1997-0418-164 You will always have the guidance for the next moment. You do not have to see ten years, one year down the road. That is the ego speaking. It says, "Show it to me so I may prepare."
- 1997-0418-165 You always have the guidance for the next breath and that is all that you need to know. You have come, beautiful creators that you have come that you are, you have come with a certain reality that is wonderful. You have come with a certain

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agreement that you will work on a need to know basis and that you will receive information as you need to know. And you may trust it.

- 1997-0418-166 The ego will say to you, "Well perhaps I need something else. I need to know more." But in truth, you will always know what you need to know in that moment and for the next moment and that is as far as you need to see. For indeed you cannot jump from this moment into what is called the next millennium. With your belief in process you will live out the process. But even that you are decreeing will change. And that is part of the harvest that you are doing.
- 1997-0418-167 So as far as nuclear holocaust you have ones who are coming and speaking through other vehicles, instruments, channels, whatever, who give forth messages that you had best prepare. Set aside the food, the grain, the ways of having energy.
- 1997-0418-168 Well I ask of you, let's go off on a tangent just for a second here. The energy that you use, that power all of your mechanical means and to serve the body, where does that energy come from? Yes, it comes from the one great Mind of the Creator that you are. And if you will close the door on a certain avenue or avenues of that energy, power as you call it, what do you think this one will do?
- 1997-0418-169 **Create another one.**
- 1997-0418-170 He will create another one. Already he has been playing with different ideas. Already many of you in this room have been reading, searching, saying, "Well, what are alternative methods? How can we do this?" That is good. It shows you the vastness, the expansion of the creativity. You are never victims of anything that is going to happen outside of you.
- 1997-0418-171 As we have spoken in this evening, the most important thing of this evening is the creativity of the holy Child bringing forth creation. And an infinite variety of creations. So if one door be close you will open another one. Won't you?
- 1997-0418-172 **Yes.**
- 1997-0418-173 Of course. Yes.
- 1997-0418-174 A natural progression of the question I have. I'm dying to get my hands on a new book called "How to think about weird things." .... But what I do, I tend to get very excited about them.... And then I'll say that I don't, the mind comes in and says, "But I don't know how to thing about this." I feel it and I can feel its Reality -- with a capital "R" -- but mind says you've got to figure out how to think about this before you can do anything with it. And there's this loving war about I know it's true but I don't know how to think about it. My temporal mind has no way to cope with ideas. You talked tonight about time. I can feel timelessness, spacelessness, but I don't know how to think about it.

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- 1997-0418-175    And in truth it is yet just beyond the fingertips of what you know this reality to be. It's like you can almost put your fingers on it but not quite. And yet with the allowance and the invitation of those ideas, you are moving what you see as the boundary of the fingertips into that next reality.
- 1997-0418-176    As yet, now this is a very good question with a very good generalization in principle, you are feeling an impatience with time. You are feeling that you can almost move into the next dimension of reality even the dimension of the atonement. You can just about taste it. Almost grasp it, and there is a divine impatience that is happening.
- 1997-0418-177    There is a feeling of haven't I lived enough lifetimes? Haven't I studied enough texts? Haven't I et cetera, and yes, you have. What remains yet for you within your belief system is a very small process known as time, which even you are accelerating even that. So that you will know how to bring forth all of these weird ideas that at this point in time seem to be just beyond what you can grasp with the mind and yet it is the mind, in its expanded state, that brings forth the possibility that such things could be even contemplated.
- 1997-0418-178    ... in those immediate now where that loving battle goes on, which is the way to handle that and speaking to brother. What do you say to yourself? I don't need to know how to think about it right now? Play with the idea and the mind will catch up?
- 1997-0418-179    All of the above.
- 1997-0418-180    Allow yourself to be transported by the energy. The energy of excitement. For in truth, that brings you into what you feel the future to be.
- 1997-0418-181    That's when the ego comes in and says, but they are going to think I'm crazy. I'll give you a specific example. I told my friends this, we had a late snowfall here. There have been so many of them all across the country. Moonlight shining on the snow in the backyard, and I have this urge to go out there and write certain things in the snow. Ideas and thoughts that I had. It was melted by morning. They weren't dirty words or anything. Nice great stuff but the moon will be on it and wonderful. Then I walked and I thought, my neighbors are going to call me certifiable if they see this. I'm out there. I don't have gloves on. My hands are freezing and I was feeling so good and crazy at the same time.
- 1997-0418-182    And I would say to you, beloved brother, who cares?
- 1997-0418-183    {Laughter}
- 1997-0418-184    Now that is actually a question. That is not a judgment. That is a question, who cares? What part of you cares?

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- 1997-0418-185    **The part that feels the perceptions that they'll say, there's the guy who takes the garbage out in underwear and a shirt and he's writing in the back yard again. Everything I do is weird, but I do things the way I feel them. Part of me loves to do it and the other part says, I don't care. I'll just be me and I love what I'm doing. When I go out in the back yard, I'll call people in the backyard and expect them to come up to me. You know about that. I love it but there's still that little part that says, oh, be careful.....**
- 1997-0418-186    **I must preserve my image. And yet there is a very large part of you that enjoys being outrageous.**
- 1997-0418-187    **The bigger part.**
- 1997-0418-188    **Yes. It is. Who cares? The ego cares. The part of you that would say, I am still dependent on other's goodwill for something. And I don't even know what that something is.**
- 1997-0418-189    **In this day and time you have all lived enough lifetimes where you have known that it is important and the ego has reinforced this that you be in other's good graces. That they think well of you. That they will provide for you as a husband would do, a mate would do, not always a husband. Sometimes a female who provided for the tribe. That you would be in the good graces of the tribe itself so that you would not be outcast and thrown to the wolves and the other wild beings, and in that sense of the belief in separation you did not know communion with the wild beings. So you felt threat and would release the body.**
- 1997-0418-190    **You have all come through many lifetimes where it was seen to be most important to have the goodwill of others and so you have protected it. You have done everything that you could do in order to stay well liked and in favor with others.**
- 1997-0418-191    **Now the ego you have brought into this point of reference, the ego comes as a messenger again and says, "Well how do you feel about this in this lifetime?" Are you connecting with the God power of who you are to the place where it really doesn't matter if you are in favor with all of the rest of them or not and so the part of you, a big part of you says, "Well I could be outrageous. I really enjoy being outrageous. You know, I think I'm the holy Child. I'll really want to live from that space. I'm going to be outrageous", and then there's the vestige of memory that says, "But wait a second, I want to have all of these cards in my back pocket just in case I have to play one of them. I'd better watch what I'm doing. I'll be outrageous but I'll do it in a certain way that will be okay."**
- 1997-0418-192    **You want to have all of your options still viable.**
- 1997-0418-193    **I still want your famous lifetime the one that we most think about, it was so inspirational for outrageousness. And that's what calls to me. I want to be that outrageous too.**

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- 1997-0418-194 Yes, and I will share with you beloved brother, in your own way you are just as outrageous and it does not call for all of you to be crucified upon the cross.
- 1997-0418-195 Now, interesting point. I will share with you, that as we speak of crucifixion upon the cross, there is an image that you hold in your mind. You can feel the spikes in the palms of the hands. You can feel the spike through the feet. You can feel the body, the heaviness of it tearing against the flesh of the hands.
- 1997-0418-196 Now, how can you feel that? Know you, you have been crucified. You have come through that experience. You have said in some lifetime, I want to know what that feels like. And you have done it more than once, because you have been crucified upon a cross with a great spikes in the hands and feet, pierced in the side, slit across the throat, determined to be dead. And you have gone with great bitterness and anger in your heart, "How could this happen to me?"
- 1997-0418-197 Then you said, "Okay. Let's have a variation on this theme." Another lifetime, crucified upon the cross. Great spikes in the hands, great spikes through the feet. Torment of the body and yet a great peace. A great love that said, "This too shall pass. This is only a momentary drama we are all enacting. All of my Father's Children playing different parts. And it is okay, for I do not have to hold on to this lifetime with a certain body in this way for I am life." And you came through it.
- 1997-0418-198 So when we speak of crucifixion, all of you have been crucified. I am speaking of literal crucifixion through the body itself. You have also been through crucifixions many times this lifetime and others in the relationships and in the emotions with others. Where you have felt most crucified. And you have risen above it.
- 1997-0418-199 So, be outrageous but do not have to be outrageous in the way that lifetime was. Yes, beloved one.
- 1997-0418-200 **You talked about having trouble making the choices. What do we do once we've made the choices that ... I love some of the choices I've made but I can't love them so much that there's no problem.**
- 1997-0418-201 That is part of the process of time. It is happening with your willingness. That is what is important. With your willingness to choose. Every time something comes up there is habitual reaction that comes very fast, yes. And you do not judge self for habitual reaction. That is okay.
- 1997-0418-202 But you do not stay in that space. Then you choose to come up higher. That is what will bring you Home. Do not judge self because you feel that, "Yes, I have chosen but oh, oh, for the long run the commitment is not there and I have fallen." That again keeps you in a place of judgment. But just to say, "Thank the God of me that I was willing to choose and now I choose again." And that brings you Home. Yes.

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- 1997-0418-203 **Is it not true the disasters and the pain and all these things that we will experience the love. I think of the promise of the rainbow, you know. The rainbow bridge and we are the bringers of the dawn and the children of the Light. And yet we are so worried about when the world's going to end. But we are standing on the edge looking at the promised land and worried about when the world is going to end and there is the promised land.**
- 1997-0418-204 **Exactly.**
- 1997-0418-205 **It's good to walk with you again.**
- 1997-0418-206 **Thank you, and I with you. Most beautiful creation that you bring forth, the rainbow. You have put much of meaning and symbolization upon it, much of hope, beauty and agreement, the ark of the covenant. It is a wonderful symbol.**
- 1997-0418-207 **The promised land, yes. You know it. You have seen it and it is a coming because you have decreed it. Some will feel the necessity of the earth changes and disaster to say, "Okay, I have now paid enough price to be worthy to go into the promised land." Others will say, "Heck I didn't know you needed a ticket."**
- 1997-0418-208 **{Laughter}**
- 1997-0418-209 **And you will be there. Yes.**
- 1997-0418-210 **You are pointing out our funny language ... and it occurred to me when we think about doing outrageous things, we will say we are doing it for the hell of it as if we already filled our own judgment in on it and maybe we should be saying, for the heaven of it.**
- 1997-0418-211 **Yes. Very good point. Very good discernment. Often it has been said, "I am doing it for the hell of it," and then you expect the hell. And what you expect, is what you are going to get at least momentarily until you choose anew and say, "Okay. I know it doesn't have to be this way." And then you choose for the heaven, but even better to say, "I am doing it for the Christ of me." Which is very true.**
- 1997-0418-212 **Everything you do is for the Christ of you. Come to that place of the awareness that the Christ is always active. Yes.**
- 1997-0418-213 **I didn't know how to ask this question. When we agree and we choose to come back for another life, we forget once we get here, we forget what we came for.... We do we remember the negative stuff that keeps us separated?....**
- 1997-0418-214 **Very good question, yes. First of all, when you first agree to activate body, most all of you in this room have come through the accepted channel of birth through woman as an infant. And for the first few years even, very definitely the first few months, you remember the light of heaven, the love of heaven. You have conversation with ones that you know very much to be still with you. Loved ones,**



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angels, masters, guides, whatever you want to call them and through a collective agreement a belief system and that is all it is. It is a collective agreement. You allow a very specific focus to be taken. To know individuality and to know experience as a certain lifetime.

- 1997-0418-215 Part of that ingredient that you have written into this belief system in this time, is that there will forgetting. But you have also written into the script that within a certain working out of time there will be the subtle but insistent wake up call which you are now responding to. You built that in. You said, "Okay, in time, I will arise up and return unto my Father."
- 1997-0418-216 So it is a collective agreement that you will experience humanhood in a certain way which is limited, which is very, very specifically focused and that in truth, it is not in judgment. In truth, it is most wonderful what you do.
- 1997-0418-217 Now it is not only the negative that you bring with you as memory. We have spoken most often of the baggage, but you bring with you good memories as well. They are what help you through all of the times that seem to be the challenges. If you did not have hope, if you did not have good memories that perhaps you haven't focused upon in order to say, "Well I remember it was in the lifetime when I was King George and et cetra." But you have these good memories that see you through as hope, as trust, as faith, as a very deep knowing that somehow I will come through this.
- 1997-0418-218 If you didn't have those good memories you would release the body.
- 1997-0418-219 {Loud bang on the wall}
- 1997-0418-220 {Laughter}
- 1997-0418-221 The sound effects are most wonderful. The sound effects and the exquisite timing that you bring forth, most creative.
- 1997-0418-222 **You paid someone.**
- 1997-0418-223 Not I.
- 1997-0418-224 You are coming to a place now many of you have where you will sit and ask to remember the good memories. In truth, it is necessary to focus upon the good memories, to come to the place of the deep appreciation of creation. So it is not only that you carry with you the baggage of what is called karma or the baggage that is known as pain and suffering and held within even the servant, the body. You carry with you as well, the good memories. The ones that serve you. They are there as you will focus upon them and ask them to speak with you.
- 1997-0418-225 You would not be here in this room if you had not good memories as well. You would have given up long ago. Perhaps not even drawing the first breath. You would have said, "Oh forget it. I'm not going to do that." And you have done this.

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You have done where you have activated the body of the infant for a few minutes time and said, "No, sorry. I'm opting out of this one." You've done that. You have lived a lifetime in one minute. You have known what it felt to be alive in that one moment. You completed what it feels like to be alive for one moment.

- 1997-0418-226 So if anybody comes to you and says, "Do you know what it feels like to be alive for just one minute?" You say, "Yeah." Yes.
- 1997-0418-227 If you into being for a short period of time, pure and immersed in collective conscious where does the ego come from?
- 1997-0418-228 It is your companion then as well.
- 1997-0418-229 **So does it come from the other side? Is there ego when you are an ascended master? How could you take it with you? Do you carry your ego with you from lifetime to lifetime? Or do you pick up the collective ego? Is there a collective ego?**
- 1997-0418-230 There is collective ego, yes. And yes, you do accept that as you come into a certain belief system of certain time. But it is also possible to know the ego when you are not activating body. When you would be in between what is seen as lifetimes. And that can be great torment.
- 1997-0418-231 The ego is the sense of separation that does not know that it is already whole, complete, and will strive to somehow know itself to be complete. In other words, it will still need something to make itself complete. And that beloved brother, is known as hell. And it can be while you are activating body. You know that feeling, and it can be when you are not activating body and you are in another dimension as dimensions are understood, and that is hell.
- 1997-0418-232 Ascended masters, do they know ego? They know the concept of ego, yes. But they do not listen to its message. They know the non-truth of its message.
- 1997-0418-233 **Were you an ascended master when you were in the desert for forty days?**
- 1997-0418-234 Yes and no.
- 1997-0418-235 **Then why did you have to do it? Since the forty days in the desert was to test the ego?**
- 1997-0418-236 Yes. I am as you are, an ascended master. In truth, I am not held to this place as you are not. So I am an ascended master and was then as well. Come by choice to experience humanhood in that time frame of lifetime. And I agreed that I would accept what where the confines of collective ego in that lifetime. So that I could know human experience in that way. So that I could know oneness with the brothers and sisters who heard the voice of ego and I knew the voice of ego.
- 1997-0418-237 So yes, I was tempted. Yes, there was the voice of ego that said, "You can do this another way. You can claim the power of the world. Work the miracles and they

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will love you and make you their king." And I thought about it. It was tempting. But I also knew that that was temporal and of the world and I knew from the ascended part of me that that was not all there was. So I said, as you have said, "Hey, send me another messenger."

- 1997-0418-238 **So do you speak of taking the ego and relegating it to the dunce's corner? Do you speak of ego as if each person has his own ego? How can you control, relegate or deal with your own ego if you still have the collective ego? Because the collective ego is collective ego the same as we are all one in the collective consciousness? We are all one and the collective ego by virtue of agreeing that we are in a collective ego, so how can you take your ego individually and set it aside?**
- 1997-0418-239 Each time you choose to acknowledge, "This is the voice of separation, this is ego," and you say, "Okay, get thee behind me or go off in the corner in the wings somewhere. I will choose for peace. I will choose for love. I will choose for a better self-image. You know, I'm better than what you are telling me I am." Every time you choose for holiness and allow the ego to say, "Okay, I've done my bit. I'm finished until the next time." You affect the collective ego and you affect the collective consciousness.
- 1997-0418-240 There is much that is happening in that right now. That is what is happening with the acceleration. That is what is happening with the transformation. For you have agreed that yes, there will be certain collective belief, but you have also agreed that there is going to be certain changing, you will call it evolution, of collective consciousness where the ego will no longer be needed.
- 1997-0418-241 It takes each one as you see yourself to be individuality to make the choice and sometimes over and over and over in order to uplift all of the collective consciousness. I if I be lifted up will draw all others unto me. That is what transforms the collective ego. So there is a way out of it. For many lifetimes it was not believed that there was any way out of it. And yet that was part of your divine process of saying, "I want to live a lifetime where I feel that I am trapped in a certain limited time interval known as a lifetime, and I am separate from my God. But maybe, just maybe if there's someone powerful enough to intercede for me, such as the priest, the rabbi. Such as an angel. Such as Jesus. Maybe they will speak on my behalf." {end of tape}
- 1997-0418-242 You have said, "Okay, I acknowledge that there is ego, there is separation. But you know what? Powerful creative God that I am, I am going to change that." And you are changing it. For yet a little while. Yes.
- 1997-0418-243 **Could you talk a little bit about the choice that the Heaven's Gate group chose? What that was about?**

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- 1997-0418-244 Yes. Wonderful free choice according to belief. All of you have been in lifetimes so immersed in a belief that you were willing to lay down the body, to go with that belief. All of you were willing in lifetimes to be so outrageous that you would do something different than what was looked upon by collective society as being the acceptable.
- 1997-0418-245 In truth, all of you will choose to release the body somehow sometime. Some of those ways of releasing the body will be judged by society, you have been judged by society in times when you have said, "Okay, I want out," and you have taken a drastic measure by your own hand. And the brothers and sisters have said, "That is a sin. God gave you life. God takes life back. You can't do that." Well, God does give life and you are life and you are the one who makes choices as to how long you are going to activate a certain body.
- 1997-0418-246 But the ones who recently have brought right in front of the nose of much of society, a choice, those ones believed so strongly in a reality that where are they now? They are in that reality. The same as the collective consciousness here says, "I am here."
- 1997-0418-247 You as the holy creative Child, have brought this event right in front of your consciousness to look upon it. Otherwise, other times these things happened and you did not know about it because the communication was not so widespread, but now whenever anything happens instantly your media is right on top of it and allows you to know it. Also allows you to know how you are supposed to look at it.
- 1997-0418-248 {Laughter & comments}
- 1997-0418-249 Then you have choice as to how you will look upon it and also you will look upon your media.
- 1997-0418-250 **That is one reason because they didn't know how to look at it.**
- 1997-0418-251 Yes, that is one of the wonderful parts of this. For it has not been so clear cut for them. For the brothers and sisters who identify themselves as Heaven's Gate and believe in the Gate to Heaven and have gone through that gate, left the pictures of themselves, communication with all of you, that said, "I am happy about this choice. I choose freely to do this."
- 1997-0418-252 Now in truth, whenever you release the body you choose freely to do it. Even if it is seen that someone else gives you great motivation.
- 1997-0418-253 {Laughter}
- 1997-0418-254 It is still your choice when you release the body. But these ones came right out and allowed you and you as the creative one, brought it forth for yourself to see their faces, to see the belief in those faces and your media, some of them said, "Well how do we know that they didn't join up with the spaceship?" Exactly.

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- 1997-0418-255 **Jeshua, when you leave the body what actually happens? Do we instantly go to Paradise? Do we go into a stage of where we kind of sleep for a little bit? Or like even go to a hospital and just rest and relax before we come back again?**
- 1997-0418-256 All of the above. According to your belief so it will be done unto you.
- 1997-0418-257 **How can we help other people go into that transition, are there some that help spirit cross over and come into the light?**
- 1997-0418-258 Yes. As we have spoken earlier in this evening, there is but one Mind. One holy Child which is even beyond mind. You are very much in communion with the brothers and sisters in this room. With the ones who are out, as you would see in far lying geographical location and with ones who are not activating body.
- 1997-0418-259 What you hold in your heart for them is available for them. It does not mean that they will accept it. If they have certain belief that when they lay down the body they will sleep for twenty-thousand years, then in what seems to them to be twenty-thousand years, that is what they will do.
- 1997-0418-260 Of if they have belief that they will be met by me, they will be met by me. Or if they will see loved ones, they will see loved ones. Or if they feel that they must spend some time reassessing what they have done and perhaps making some kind of payment for it, they will do that.
- 1997-0418-261 If you believe that you will go on to higher schools of learning, so be it. It is not necessary, but if that is belief that is what you will do. Already this right here, if you will receive it, is one of the highest schools of learning. For indeed you do not need schools of learning. What you are in process of bringing about for yourself is remembrance. It is already there. You don't have to be taught it. Yes.
- 1997-0418-262 **Jeshua, what happened when you passed over then? So you didn't come through the tunnel and relatives met you? That wasn't in your belief?**
- 1997-0418-263 I knew that loved ones were always with me anyway. I had communion and communication with them even before the releasement of the body upon the cross. I knew that they were with me and that they wished me well. I could feel the love presence.
- 1997-0418-264 Did I go through a tunnel of light? Yes. There is within the collective belief, now hear me well, there is within the collective belief an experience that is physically activated in the body of the releasement of certain electrical stimuli that you physically see light at the time of releasement of the body.
- 1997-0418-265 It is not a light outside of yourself. It is your own light. It is an expansion of your awareness into the light that you already are and that is activating what is known now as the aura, but even more powerful than the aura activating the body and you will see, actually physically have the sensation of seeing that light

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because of collective belief that says, "There will be the electrical stimuli that happen at that moment."

- 1997-0418-266 So did I go through a tunnel of light? There was an instantaneous knowing of light, yes. I felt myself above the body. I knew how to allow the consciousness to be above the body even before the releasement. So that I did not suffer the pain and torment upon the cross.
- 1997-0418-267 I will share with you that I tuned into it for a moment. I wanted to know what it felt like and I decided I didn't like it. And because I had practiced what is available to all of you, I practiced detachment from the sensations of the body. All of you can practice that.
- 1997-0418-268 When I speak of that concept you have a relatedness. Again you say, "Well I don't quite know how to do it but I can relate to it." As there is desire and you want to focus upon it, you can practice it to the place where you can have needles, whatever, stuck into the body and you will not feel it. You will still be the consciousness activating the body that you need not attend to the sensations.
- 1997-0418-269 For each one in the moment of releasement of the body, it will be done according to belief. Each time you have released the body in your many lifetimes, you have tried again in the experience. You have said, "Now I want to know what it feels like to go to a place of great peace, a green meadow and I want all of my loved ones to be there to meet me." And so they are. Well they were already with you anyway. So there it is. Yes.
- 1997-0418-270 Other times you have said, "This lifetime has been so horrible and I have inflicted pain upon myself and others and I know that I am going to have to spend some time accounting for that." And so you will appear before a great judge who will go down through the book and say, "On such and such a day, you did such and such. How do you answer for that?" You've had those experiences. You have done that even in what you see as the between lifetimes.
- 1997-0418-271 And yet as we speak of the concept of belief between lifetimes, there are other experiences that you have, other dimensions you would call, where you do not have between lifetimes because you know it is all and is what you would call an our lifetime, and yet it does not have the beginning and ending of a lifetime. It is an is. And so within that dimension of reality, to speak of an in between time that's non-understandable concept. It does not compute. But in this point of reality it does.
- 1997-0418-272 Now, the hour is growing late and the bodies are wearing so we will take two more questions. Yes.



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- 1997-0418-273 **Would you just perhaps help us in maybe I'm dealing with this interest, in order to awaken it generally seems to be the consensus that we need to open our hearts and learn to love more and see things with the eyes of God.**
- 1997-0418-274 **Yes.**
- 1997-0418-275 **What sort of things can you suggest that we can do in order to actually accomplish that? Not just think about it intellectually, that's easy.**
- 1997-0418-276 **Yes. It starts first with the thinking about and the willingness to be in that space. It is shored up by inspirational reading, music. Things that will be uplifting and mind-expanding which allows the heart also to expand. Then as you have discerned, it is most important to put it into the action which is known upon this plane. This is a plane of action. This is a plane of doing.**
- 1997-0418-277 **I speak unto you over and over to extend the love to the brothers and sisters, to be with them in their hour of need, to hold them in your heart, to love them at every opportunity. Love them as I have loved you.**
- 1997-0418-278 **Now I say this to you not because it is important that you save them with this love. They are already saved. But it is most important to you that you feel the outpouring of the love as you are busy in extending love, then you know that it has come through you. You feel the effects of that love, not just to think about it and say, "Well, that's all very good. I will be loving. But then to get very busy and to look into the eyes of Christ and say, "Oh my God. It's Christ. I love you." To really feel it at a very, very deep level. To extend it over and over and over, to be so caught up in love that the first thing when you awaken in the morning you cannot wait to bound out of bed so that you can find the person and say, "I behold the Christ in you."**
- 1997-0418-279 **Now you can say this with words, and if ones will understand what you mean by that, yes, please do use the words. But more importantly, be with ones in the Christ presence. Look upon them as the holy Child of the Father the same as you. Say to them silently, or perhaps in words, "I am so glad that you have come again to share the journey with me. It is fun to be on this path together. Thank you for having the courage to come once again and to hold my hand as we journey, yes. And I thank you."**
- 1997-0418-280 **To feel that first thing in the morning and throughout all of the day. It will transform that day. So yes, as you have discerned, it is most important to allow the heart to open, to follow the guidance of the mind, for the mind is the servant of the heart as the body is the servant of the mind, the mind is the servant of the heart. And the heart will direct, it will guide, it will show you where to go, who to speak with, what books to read, what gatherings to go to, what music to listen to, what wild flower to adore.**

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- 1997-0418-281 Do not pass any blade of grass without thanking it for being in your world.
- 1997-0418-282 Allow the shoes to be taken off of the feet at least once a day and to walk in the energy of the grass or the fine ocean beaches. Feel yourself in tune with your creations. Love your creations. Look for the Christ in every creation and extend the love however the guidance speaks to you to extend it.
- 1997-0418-283 A very good question because it sums up this evening of what we have been speaking of, to be in love with your creations. To know that everything that you have brought forth is there to be loved. That is what it is about. Everything is there to be loved. It is not a sin to love material goods. That is a teaching that brothers and sisters, you included as you have been within the priestly caste, have used in order to have you donate and give over your material goods. It is not a sin to love material goods. It is not a sin to look at the beautiful raiment and to admire the colors, the fabric, how it feels. To see how it is woven. It is not a sin to adorn yourself with the jewels that sparkle as the light that you are.
- 1997-0418-284 You bring forth all of these creations to remind you of your light and how beautiful you are. The sin is in not loving and not beholding that you are one with your creations.
- 1997-0418-285 That is why I spoke unto many of you in the beautiful island known as Maui, to purchase for yourself something. Not to be afraid to spend the golden coins on something that would bring pleasure and joy to the heart. Adorn yourself with beauty. Surround yourself with beauty and then you come to the greatest realization of all, I am the creator of this beauty. I have put it here in front of me, around me, in order to revel in the gift of my Father to celebrate.
- 1997-0418-286 And then you realize as this one did, "I do not have to purchase anything for it is all mine already." Everything is yours already.
- 1997-0418-287 The Father gives it to you freely through the power of your creativity to enjoy. Does that answer your question?
- 1997-0418-288 Live each moment in the Christ presence and the heart cannot help but open. Then get you busy with the action which may be just exactly what you have done. In other words, it need not be a big action, but the action of the smile on the face. Beautiful action. That is the greatest, in truth, the greatest gift, the greatest action to walk amongst the brothers and sisters and to smile. They may even wonder what you've been up to.
- 1997-0418-289 {Laughter}
- 1997-0418-290 They will think that you are high on something and indeed you are. High on the spirit. And I do not mean the kind that you drink. Yes.
- 1997-0418-291 {...not clear....}

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- 1997-0418-292 In truth, a lot of the brothers and sisters are going through the aches and pains of the body and the body speaking out and calling to you that there are certain areas where there is constriction yet being held. As you are moving into this space of the heart, the constriction within the body will be released easily. You will not even notice that it has gone until finally one morning you say, "Oh, I used to have a stiff back. Well, I haven't felt that for a long time." You are making the movement, the change, the progress, whatever you will call it, into a place of great harmony that will be reflected in the body. For the body will no longer have to carry for you certain messages that life is a bit difficult and that you must have the armoring or the readiness to be protected, to protect yourself. So that now is the time when there is much of the body calling out with the messages because you are willing now, to hear those messages and to release the tension, the constriction in certain parts of the body. To speak with the body and say, "Thank you for what you are allowing me to do. I am one with you. I have created you." For indeed you have. "I am one with you and I desire to work in harmony with you."
- 1997-0418-293 It all goes hand in glove together. For you are bringing about the time of acceleration, the time when you will know accelerated vibratory rate even within the body and changes within the very DNA of the cells, each one, to allow more and more of the light that you are to be radiated through the physicality. At the same time whatever is being held there is going to be shown up in the light more than it has been in the past.
- 1997-0418-294 So yes, what you are going through it is hand in glove. It goes together very much with the process of the awakening that is happening. When a part of the body cries out to you, acknowledge it, thank it and love it. And love yourself for hearing it. For there have been many lifetimes that you have suffered through, not listening to the body, to the place where it was so painful that you released the body and wanted to get out of it very quickly.
- 1997-0418-295 Now, you are hearing the messages of the body. Nurture the body. Love the body. Do not feel the separation from the body that has been habitual in many, many lifetimes. For the body will speak to you. It will say you are calling upon me to do more than what is comfortable to do.
- 1997-0418-296 You know the feeling of the body when it speaks to you. Thank it. Love it. Listen to the guidance that will help in the symptoms of the body. What will relieve it. If it asks for heat, put heat upon it. If it asks for cold, put cold upon it. If it asks to be in the warm water, find you a way to be in the warm water. If it asks that you go and sit under a palm tree for three month's time, sit under a palm tree for three months time.
- 1997-0418-297 {Laughter & Comments}

**1997-04-18      Oakbridge University      Channeled by Judith Coates**

- 1997-0418-298 Even if the ego says, "Well what about my employer? What about my golden coins? I can't do that." It is a choice. If you do not go and sit under the palm tree if that is your guidance, guess what the body is going to continue to do for you? It will carry the constriction and it will tell you about the constriction. It is a choice.
- 1997-0418-299 There is no judgment in it, but the body when it is in pain it gives you great motivation to perhaps choose anew.
- 1997-0418-300 Know you this has been a grand evening. You have created a celebration. You have created a holy time together. Not just because you have invited me to be amongst you. For in truth, you have have had a holy time together even if I were not here. For you are holy and you bring that holiness to everything that you create.
- 1997-0418-301 Allow yourself to feel great pleasure and honor in what you create. Look upon all of your creations as the Father does. Honor your creations. Love your creations. Each of the brothers and sisters as you perceive them, each of the brothers and sisters as you perceive them is your creation. As you perceive them. Honor your creations. That is what this evening has been all about.
- 1997-0418-302 Go now with the peace of the Christ in your heart. Go now with the smile upon the face. Go now with the love in the eyes and share it with another one for you have the most beautiful eyes.
- 1997-0418-303 Know that I go with you for it cannot be otherwise. Speak with me often for I hear you. Share with me the concerns and I will share with you my love. Until we meet again, go in peace beloved ones.
- 1997-0418-304 So be it.